

baby cafe



THE 2ND WEDNESDAY OF EVERY MONTH
10:00 - 11:00 AM

West Park Hospital would like to invite expecting moms and mothers with children of all ages to come enjoy light refreshments while discussing successes and struggles of parenting.

SAMPLE TOPICS:

BREASTFEEDING • SLEEPING HABITS • SELF-CARE • ETC.

LOCATION: West Park Hospital - Z Bar T Room

CONTACT: WPH Women's Health and Nursery
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